

## Well-Man Assessment – I

### The Standard Plan

- Review of personal and family medical history.
- Complete physical examination.
- Electrocardiogram (E.C.G.) – 12 lead.
- Hearing test (Pure Tone Audiometry).
- Lung Function Test (Spirometry)
- Eye tests:
  - Near and distant vision
  - Colour vision
- Radiological studies:
  - X-ray of the chest (heart and lungs)
- Laboratory studies:
  - Haemoglobin
  - Red cell count
  - WCC
  - Erythrocyte Sedimentation Rate (E.S.R.)
  - Total Cholesterol
  - Total Protein
  - Urea
  - Total Bilirubin
  - SGPT
  - Amylase
  - HBD
  - Glucose
  - Sodium
  - Calcium
  - Haematocrit
  - Indices
  - Platelets
  - Triglycerides
  - Albumin
  - Creatinine
  - GGT
  - SGOT
  - Alk. Phosphatase
  - CPK
  - Urate

- Potassium
  - Inorg. Phosphate
  - CPK
  - Urate
  - Potassium
  - Inorg. Phosphate
- Urinalysis:
  - pH
  - Bilirubin
  - Albumin
  - Sugar
  - Ketones
  - Microscopy
- Stool Examination:
  - Pus cells
  - Cysts & Ova (Parasites)
  - Red cells
  - Microscopy
- Appointment with a Consultant Physician on completion of all investigations.
- Written report of examination findings and recommendations.