

Well-Woman Assessment – II

For women over 40 years of age

- Consultation with a Specialist Obstetrician and Gynaecologist.
- Review of personal and family medical history.
- Instruction on Breast Self-Examination (BSE).
- Clinical Breast Examination (CBE).
- Complete physical and gynaecological examination.
- Radiological studies:
 - X-ray of the chest (heart and lungs)
- Mammography
- Ultrasonography:
 - Pelvic Ultrasound Scan
- Bone Densitometry Test for Osteoporosis
- Laboratory studies:
 - Haemoglobin
 - Red cell count
 - White cell count
 - Differential White Cell count
 - Erythrocyte Sedimentation
 - HDL/LDL Cholesterol
 - Triglycerides
 - Haematocrit
 - Indices
 - Platelets
 - Glucose
 - Urea
 - Creatinine
- Serological Tests:
 - VDRL
 - HBsAg (Hepatitis B Test)
- High Vaginal Swab Test.
- Papanicolau (PAP) Smear
- Urinalysis:
 - pH
 - Bilirubin
 - Albumin
 - Culture & Sensitivity
 - Sugar

- Ketones
 - Microscopy
- Written report of examination findings and recommendations.