



Laser Hair Removal



مستشفى الزهراء الشارقة

AL-ZAHRA HOSPITAL SHARJAH

THE HEALING TOUCH المسة الشافية

Enjoy Smooth Skin with Laser Hair Removal

Laser Hair Removal

In the past, remedies for unwanted hair included plucking, shaving, waxing, electrolysis or chemical depilatories. Some are painful while some are messy yet all are temporary solutions for hair removal. Hair removal by laser is a more effective solution. Here are some frequently asked questions and answers that shed more light on laser hair removal.

Why do I have excessive hair?

There is no underlying cause for excessive hair growth. Mostly it is due to genetic or familial factors. In rare cases, excessive hair can occur due to underlying medical problems. These conditions relate to hormonal disturbances resulting in extra hair growth. This would be accompanied with other signs and symptoms of hormonal disturbances such as weight gain, deepening of voice and menstrual irregularities. Occasionally excessive hair growth can also be due to medical and surgical treatments.

Should I remove excessive hair?

The extra hair can always be left alone. Most people remove the extra hair for cosmetic reasons. Some people fall into great embarrassment and psychological distress due to extra hair.

How do I remove excess hair?

There are various hair removal methods available currently. Some of them provide temporary hair removal solution while some provide a more permanent solution.

Commonly used temporary methods such as shaving, waxing and even plucking remove hair shafts but do not uproot the hair follicles or hair roots. Given time, hair will grow out from the hair follicle again and the process needs to be repeated indefinitely. Permanent methods destroy the hair follicles and hair roots. Electrolysis was the only permanent method since a long time (it's very painful). However, Laser Hair Removal has emerged as a better method in recent years.

What lasers can do?

Lasers cause selective destructions of hair follicles and thus cause virtually no injury to surrounding skin. Lasers achieve long term effect after multiple sessions of treatment.

There may be small risk of pigmentation of skin after laser treatment, this will usually resolve with time if proper sun protection is practiced.

What lasers can't do?

Lasers can't achieve permanent hair destruction after one single treatment. Lasers can't work equally well for all patients. In fact, different laser systems may work differently for patients with different skin types.

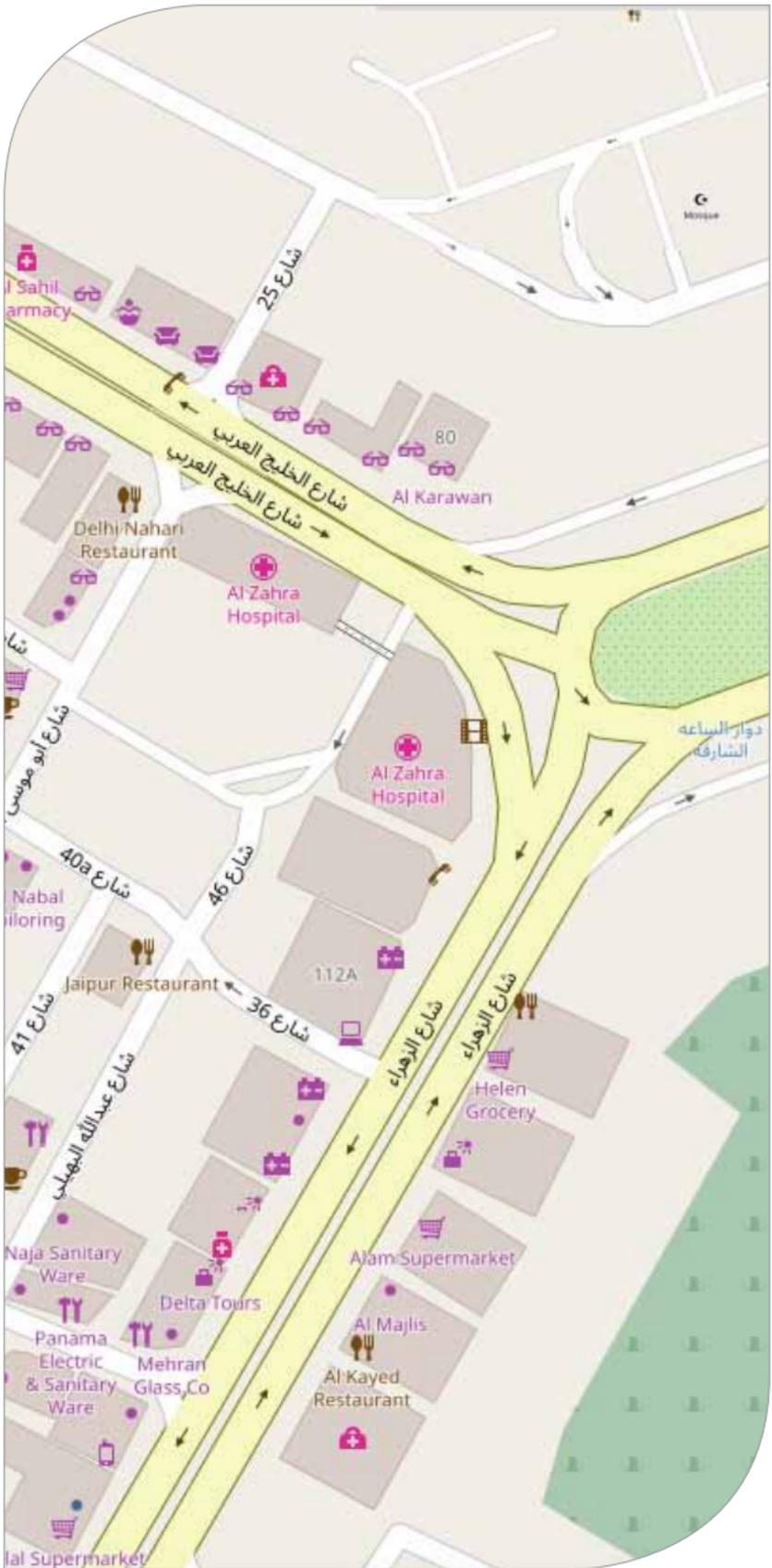
At the Dermatology department at Al Zahra Hospital, we use state of the art diode lasers with vacuum assist technology to remove unwanted hair, with greater speed and comfort than other methods.

How does the Diode Laser work?

The Diode laser produces a larger beam of highly concentrated light. The light emitted is well absorbed by the pigment located in the hair follicles. During the procedure, the laser pulses for a fraction of a second, allow the hair to absorb the light and heat up. As it heats up, the hair shaft and bulb are damaged with significantly impedes its ability to regrow. And with the large spot size, the process treats numerous hair follicles simultaneously making the treatment much faster than traditional laser hair removal alternatives.

What are the advantages with our Diode Laser as compared to other lasers?

Our Diode laser machine has two hand pieces



For any further information or to make a further appointment with
Please visit www.alzahra.com or call 06 5619999