



Fight Wrinkles and Stay Young with Botox

What is BOTOX?

BOTOX is a purified protein toxin produced by the Clostridium botulinum bacteria. Although BOTOX is a toxin, there have been no serious side effects reported. This is because it is used in extremely small amounts for medical treatments and does not spread throughout the body. Botox injection is most commonly known for its injections reduce facial lines and wrinkles formed from the aging process and by hyper functional muscles, it can also be used to treat excessive sweating

What is a Wrinkle?

A wrinkle is a fold or crease in the skin. As we age, the supportive components of our skin such as elastic fibres, collagen fibres and hyaluronic acid, a substance that maintains the skin's texture get destroyed slowly. As a result, our skin becomes thinner, drier and less elastic and starts to sag. Wrinkles begin to develop in the areas such as the forehead and around the eyes and lips.

How does Botox act on wrinkles?

Botox injections are indicated to smoothen and eliminate forehead lines, frown lines, crow's feet and neck bands. Frown lines are wrinkles which form between the eyebrows and crow's feet wrinkles form around the eyes. Overactive facial muscles around the eyes and lower forehead may give a person an angry, tired or displeased appearance – even when they are not experiencing that emotion. This anti – wrinkle injections give you a more relaxed, yet expressive face.

What are the highlights of a Botox procedure?

- You may return to work immediately
- The procedure may last for 10 minutes
- It is a painless procedure, though a mild stinging sensation may be felt

Can Botox be used for excessive sweating?

Excessive sweating is known as hyperhidrosis. Botox works by preventing the release of a chemical that signals the sweat glands to activate.

What are the steps to be followed to reduce bruising after a Botox treatment?

- Avoid alcohol consumption at least 1 week before treatment
- Stop taking anti – inflammatory medicines and aspirin 2 weeks prior to treatment
- Avoid rubbing the treat area or lying down after your treatment as the injected botulinum toxin can spread to other areas nearby and paralyze nerves.

What are the contraindications for the use of Botox injections?

- Pregnancy and breastfeeding
- Previous history of reaction to the toxin
- Neurological diseases (myasthenia gravis, Eaton – Lambert syndrome, neuropathies)
- Age – below 12 years
- Infection or inflammation at the injection site
- Use of certain medications such as aminoglycoside antibiotics (may increase effect of botulinum toxin), chloroquine and hydroxychloroquine (may reduce effect) and blood thinning agents, warfarin or aspirin (may result in bruising).

For any further information or to make a further appointment with Please visit www.alzahra.com or call 06 5619999



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