



# Maternity Packages

Exceptional care at every stage of your pregnancy & childbirth





The information contained in this booklet is correct at the time of printing. Services and prices are, however, subject to change without notice. We recommend that you confirm any changes prior to or at the time of registration.

For further Information/Registration/  
Appointment, please contact:

Al Zahra Private Hospital, Sharjah.

**Tel. : 06-5619999**

[www.alzahra.com](http://www.alzahra.com)

## INTRODUCTION

Al Zahra Private Hospital in Sharjah provides a maternity service of international standard. The Department of Obstetrics and Gynaecology is fully equipped to manage routine and high risk deliveries. It is staffed by experienced consultants who pride in providing personalised care and advice to the mothers.

In addition, our consultants of paediatrics and neonatology provide expert advice on all aspects of neonatal and paediatric care. A special care Neonatology Intensive Care Unit is available for premature infants or those requiring special attention.

While all the attention has been given to incorporate the commonly anticipated needs in pregnancy and delivery, we strongly recommend to discuss with your preferred doctor to have a customised package meeting your individual needs.

## Antenatal Package

The Antenatal Package provides specialist care for the mother prior to delivery. It includes the following:

1. Consultations with an obstetrician X12
2. Cardiotocograph (CTG) Monitoring X 2
3. Blood Count - Complete (Differential not included) x 3
4. Blood Group ABO & Rh
5. Glucose/Sugar – Blood - Random
6. Glucose Tolerance Test (GTT)-Standard
7. VDRL / RPR
8. HIV- 1/2 Abs
9. Antibody Screen x 2
10. Hepatitis B- s Antigen (HBs Ag)
11. Hepatitis C Antibodies
12. Microscopy, Culture & Sensitivity: Urine X 2
13. Toxoplasma IgG or IgM
14. Rubella IgG
15. Culture & Sensitivity: HVS x 2
16. US - Obstetric Scan x 3
17. Thyroid Stimulating Hormone (TSH)-Blood

**Package Price : AED 5,390**



## Normal Delivery Packages

Description	Basic	Standard	Extended
<b>Delivery Services</b>			
1. Stay in a private room	1 Night	2 Nights	3 Nights
2. Labour Room + Normal Delivery	✓	✓	✓
3. Paediatricians attendance at birth	✓	✓	✓
4. Paediatricians daily visit	1 Day	2 Days	3 Days
5. Baby Cot each day (in Nursery)	1 Day	2 Days	3 Days
6. Medical & surgical supplies	✓	✓	✓
7. Obstetricians' daily visit fee	1 Day	2 Days	3 Days
8. Blood Group ABO & Rh (cord blood) - new born	✓	✓	✓
9. Coombs Test-Direct (cord blood) - new born	✓	✓	✓
10. BCG & Hepatitis B Vaccinations at birth	✓	✓	✓
11. Medications (Labour Room + Ward) (Excluding take away medications)	✓	✓	✓
12. IV Fluid admin charges	✓	✓	✓
13. Injection charges	✓	✓	✓
14. Guest overnight	1 Night	2 Nights	3 Nights
<b>Postnatal</b>			
15. <i>One outpatient visit to paediatrician within 10 days of delivery</i>	✓	✓	✓
16. <i>Screening of neonates for hearing</i>	✓	✓	✓
17. <i>Neonatal Screen-Comprehensive, Heel Prick – blood spots</i>	✓	✓	✓
18. <i>Two outpatient visits with obstetrician between 1 &amp; 6 weeks</i>	x	✓	✓
19. <i>Liquid Based Cytology</i>	x	✓	✓
20. <i>Haemoglobin (Whole Blood)</i>	x	✓	✓
<b>Package Price in AED</b>	<b>9,390</b>	<b>12,060</b>	<b>14,200</b>

## Complete Normal Delivery Package

These includes all Normal Delivery Package services plus services listed in the Antenatal Package.

Antenatal + Basic Normal Delivery Package : **Price : AED 14,280**

Antenatal + Standard Normal Delivery Package: **Price : AED 16,950**

Antenatal + Extended Normal Delivery Package: **Price : AED 19,090**

## Caesarean Delivery Packages

Description	Basic	Standard	Extended
<b>Delivery Services</b>			
1. Stay in a private room	3 Nights	4 Nights	5 Nights
2. Anaesthetist's Pre-op Consultation	✓	✓	✓
3. Routine Caesarean Section - with/without Tubal Ligation	✓	✓	✓
4. Paediatricians daily visit	3 Days	4 Days	5 Days
5. Paediatricians attendance at birth	✓	✓	✓
6. Post-op Recovery Room	✓	✓	✓
7. Baby Cot each day (in Nursery)	3 Days	4 Days	5 Days
8. Medical & surgical supplies	✓	✓	✓
9. Obstetricians' daily visit	3 Days	4 Days	5 Days
10. Blood Group AB0 & Rh (cord blood) - new born	✓	✓	✓
11. Coombs Test-Direct (cord blood) - new born	✓	✓	✓
12. BCG & Hepatitis B Vaccinations at birth	✓	✓	✓
13. Medications (Labour Room + Ward) (Excluding take away medications)	✓	✓	✓
14. IV Fluid admin charges	✓	✓	✓
15. Injection charges	✓	✓	✓
16. Guest overnight	3 Nights	4 Nights	5 Nights
<b>Postnatal</b>			
17. <i>One outpatient visit to paediatrician within 10 days of delivery</i>	✓	✓	✓
18. <i>Screening of neonates for hearing</i>	✓	✓	✓
19. <i>Neonatal Screen-Comprehensive, Heel Prick – blood spots</i>	✓	✓	✓
20. <i>Two outpatient visits with obstetrician between 1 &amp; 6 weeks</i>	✓	✓	✓
21. <i>Liquid Based Cytology</i>	✓	✓	✓
22. <i>Haemoglobin (Whole Blood)</i>	✓	✓	✓
<b>Package Price in AED</b>	<b>20,690</b>	<b>22,660</b>	<b>24,630</b>

## Complete Caesarean Delivery Package

These includes all Caesarean Package services plus services listed in the Antenatal Package.

Antenatal + Basic Caesarean Delivery: **Package Price : AED 25,580**

Antenatal + Standard Caesarean Delivery: **Package Price : AED 27,550**

Antenatal + Extended Caesarean Delivery: **Package Price : AED 29,520**

- *Any other complications, not included in the package, will be charged separately.*

## Additional Services

1. Epidural analgesia	add AED	1,825
2. Forceps/ ventouse delivery	add AED	800
3. Breech delivery	add AED	1,225
4. Emergency caesarean	add AED	800
5. Patient with one previous Caesarean Section	add AED	2,000
6. Patient with more than one previous Caesarean Section	add AED	2,500
7. Caesarean twin delivery		
a. Patient with one previous Caesarean Section	add AED	4,000
b. Patient with more than one previous Caesarean Section	add AED	6,000
8. Each additional night stay (Mother + Baby)	add AED	2,525

## Payment Terms

Packages	Full Payment *	Installments**
Antenatal Package	✓	X
Normal (Basic, Standard or Extended) Delivery Pacakges	✓	X
Caesarean (Basic, Standard or Extended) Delivery Pacakges	✓	X
Antenatal + Normal/Caesarean (Basic, Standard or Extentended) Delivery Pacakges	✓	✓

\* Full amount payable at the time of registration or admission

\*\* Payable in three installments ( First 50%, second 25%, third 25%)

The first installment is payable at the time of registration, and the remaining installments deposited in the form of cheques post-dated for the 3rd and 6th months of pregnancy. Alternatively, the entire amount may be paid at the time of registration.

## Exclusions from Covered Services

The following items/services are excluded from these packages. If provided, they will be charged extra.

- a. Laboratory and/or radiological tests other than those included in the package.
- b. Any maternal or neonatal complications, additional hospital stay or pregnancy-related hospital admissions following discharge from the hospital after delivery.
- c. Blood Transfusions, if any
- d. Charges related to telephone, visitors' meals and beverages.

*Please discuss your selected package deal with our Admission Officer before you choose it.*

## Notes

- 20% discount will be applicable on non-covered services
- No discounts are applicable on items (c) and (d) above.
- In the event of an Emergency Caesarean Section delivery for Basic, Standard, Extended and Complete Maternity Package holders, the appropriate Caesarean Delivery Package charges may be applied. Payment of the difference in price and any other related charges will be the patient's responsibility.
- The eligibility to packages are not automatically covered on 'direct-claim basis' for insured members. However, Al Zahra establishments proposes to have specific contracts with certain selected insurance companies to cover Maternity Packages. The conditions of coverage will be spelt out in these specific contracts. Where packages are offered to insured members, the conditions of coverage shall be in accordance with specific contracts and not as specified in this leaflet. Please contact the admissions office or our Marketing Department to know about admissibility of insurance coverage.

## Optional Services

Circumcision (for new born)- Procedure only: **AED. 2,300**





**Al Zahra Hospital, Sharjah, U.A.E**

Appointments: 06 - 5619999

**Al Zahra Medical Centre, Dubai, U.A.E**

Appointments: 04 - 3315000, 3311155

[www.alzahra.com](http://www.alzahra.com)